**To:** Mr. Christopher J. Drezek

**Regarding:** Approval of COLA and Quality Improvement Grants FY 2020

From: Jaclyn Valley Date: May 11, 2020

Enfield Head Start is requesting Board approval of a 2% COLA grant totaling \$17, 155 from the U.S. Department of Health and Human Services to support staff salaries and fringe benefits.

Additionally, \$25,732 in Quality Improvement Funds have been allocated to support implementation of a comprehensive, ongoing trauma informed approach. Enfield Head Start is requesting Board approval for use of these funds as outlined in the attached summary.

Due to the impact of COVID-19 on all Head Start programs, OHS is approving all requests for waivers of non-federal match associated with COLA and Quality Improvement funding for FY 2020.

Please let me know if you have any questions.

# INTENDED USE OF *QUALITY IMPROVEMENT* FUNDS:

#### **Contractual:**

# \$22,000

- Early childhood mental health/behavioral consultation
- Board Certified Music Therapist:
  - o impulse control and self-regulation
  - o social emotional awareness and expression
  - o increase socially appropriate behaviors in a group setting
- Professional development and ongoing coaching with Gesell Institute (for staff and governing bodies)
  - o managing challenging behaviors
  - o self-care and secondary stress
  - o teaching generation-C (Post-COVID)
- Family learning opportunities with Gesell Institute
  - o supporting young children through the pandemic
  - o creating predictable routines and home environments
  - o self-care for the caregiver
- Systems Development with Gesell
  - o oversight of a trauma informed approach/environment
    - on-going monitoring of implementation to identify strengths, gaps, and next steps
    - development of common language and expectations to support predictability of adult behaviors and responses.
  - o infusing a trauma informed approach into practices and policies i.e. mission statement, orientation/intake practices and materials, etc.

## **Supplies to Support the Physical Environment:**

### \$3,732

- calming cubes
- soft floor pillows \*dependent upon CDC guidelines for re-opening
- sensory/calming materials
- books related to Belly Breathing and feelings